



## **RBT Competency Checklist**

### **Baseline to Proceed**

The RBT Competency Assessment is comprehensive and challenging. To ensure you are fully prepared, please complete the attached baseline assessment ([CLICK HERE](#)). This approach may not be standard at other establishments conducting competency exams; however, at Dream Team, we believe it is ethically imperative to ensure that you have a thorough understanding of the concepts and procedures before undertaking the competency assessment. Our goal is to uphold the highest standards of integrity and competence in our assessments, ensuring that all candidates are well-prepared and fully capable of meeting the demands of the role. Passing this baseline assessment is required to proceed in the process. Complete it to the best of your ability without assistance from another person and/or AI.

### **Study Group**

Should you need additional preparation after the baseline assessment, we offer a focused study group designed to enhance your readiness. For \$35.00 per 1-hour session, you'll receive targeted support and guidance. Please reach out to us for more details and to schedule your session. This is an excellent opportunity to strengthen your understanding and increase your chances of success.

### **The Competency Assessment Process**

The competency assessment spans two days. On the first day, you will observe a BCaBA working with a client to review data collection and client observer protocols. This observation will provide you with insight into the practical application of tasks from the competency checklist. Ensure you are asking questions throughout this process.

On the second day, you will perform tasks directly with the client under the supervision of the BCaBA. During this session, you are not permitted to ask the BCaBA questions. However, the BCaBA may interrupt the session if deemed necessary to ensure the client's well-being and the integrity during the assessment.

Please note that sessions are scheduled based on the client's availability and location. Any changes to the client will necessitate rescheduling of the session. The total cost for this two-day assessment process is \$300.00, which must be paid before the assessment.

### **Checklist: I Have Already Completed the Following...**

Based on the BACB requirements before the competency assessment:

1. **Completed a 40-hour training program in behavior analysis.**
  - **Where completed:** \_\_\_\_\_
  - **Provider or Facility:** \_\_\_\_\_
  - **Date of Completion:** \_\_\_\_\_
2. Reviewed and understood the RBT Task List (2nd Edition).



## Before the Competency Assessment

Ensure you have a thorough understanding of the following:

### 1. Measurement

- Implement continuous measurement procedures (e.g., frequency, duration).
- Implement discontinuous measurement procedures (e.g., partial and whole interval, momentary time sampling).
- Enter data and update graphs.

### 2. Assessment

- Conduct preference assessments.
- Assist with individualized assessment procedures (e.g., curriculum-based, developmental, social skills).
- Assist with functional assessment procedures.

### 3. Skill Acquisition

- Identify the essential components of a written skill acquisition plan.
- Prepare for the session as required by the skill acquisition plan.
- Use contingencies of reinforcement (e.g., conditioned/unconditioned reinforcement, continuous/intermittent schedules).
- Implement discrete trial teaching procedures.
- Implement naturalistic teaching procedures (e.g., incidental teaching).
- Implement task analyzed chaining procedures.

- Implement discrimination training.
- Implement stimulus control transfer procedures.
- Implement stimulus fading procedures.
- Implement prompt and prompt fading procedures.

### 4. Behavior Reduction

- Identify the essential components of a written behavior reduction plan.
- Describe common functions of behavior.
- Implement interventions based on modification of antecedents (e.g., motivating operations and discriminative stimuli).
- Implement differential reinforcement procedures (e.g., DRA, DRO).
- Implement extinction procedures.
- Implement crisis/emergency procedures according to protocol.

### 5. Documentation and Reporting

- Generate objective session notes by describing what occurred during sessions.
- Effectively communicate with a supervisor about the client's progress.
- Comply with applicable legal, regulatory, and workplace reporting requirements (e.g., mandatory abuse and neglect reporting).

Good luck! We look forward to supporting you through your RBT Competency Assessment. For a complete understanding of the process, please review the RBT Initial Competency Assessment Packet available on the BACB website at

[https://www.bacb.com/wp-content/uploads/2023/12/RBT\\_Competency\\_Assessment\\_Initial\\_2024-240612-a.pdf](https://www.bacb.com/wp-content/uploads/2023/12/RBT_Competency_Assessment_Initial_2024-240612-a.pdf)



If you have passed the baseline assessment, feel confident in your abilities, and wish to proceed with the competency assessment, please sign below:

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**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_